



plantations. Follow this road, keeping left at all times. Watch out for trains at the crossing. From the turn off it is 5km to Wenonah. There is about 1.5km of gravel from the end of the bitumen. This is the best beach in Urunga but it is not patrolled. Distance from Hungry Head is 6.4km one way.

Don't forget to wear a helmet, apply sunscreen and carry water and a puncture repair kit when you venture out on your bike!

*Every effort has been made to ensure the information in this brochure is correct at the time of publishing. Any errors or omissions should be forwarded to DUB BUG or Urunga~Mylestom Chamber of Commerce. Any person using the details of these bicycle rides do so at their own risk. DUB BUG, Bicycle New South Wales and Urunga~Mylestom Chamber of Commerce will not accept liability for personal injury or damage to property.*

### Dorrigo Urunga Bellingen Bicycle Users Group DUB BUG

Affiliated and supported by  
**Bicycle New South Wales**  
Regular rides are conducted most  
Wednesdays and either Saturday or  
Sunday of every weekend.  
For further information please call:  
Herb Simpson  
02 6655 6047 Urunga



### More to explore...

Pick up one of our other **Visit Urunga ...and surrounds** leaflets to help you explore our beautiful area further – Discover Urunga, Walking Urunga, Boardwalk Urunga, Scenic Drives, Heritage Urunga, Birds in Urunga & Boating Urunga.



### HOW TO GET HERE

Waterfall Way connects the ocean beaches and the rainforest of Coffs Coast with the Great Dividing Range, Armidale and the New England Tableland. Find yourself in Australia's best semitropical climate, midway between Sydney and Brisbane on the sun soaked Coffs Coast.

### CAR

Drive the coastal route (Pacific Highway) from Brisbane or Sydney or travel the New England Highway to Armidale and explore the chain of superb national parks bordering Waterfall Way en route. Combine an inland and coastal circuit from Sydney or Brisbane to enjoy this dramatic landscape and altitude change.

### AIR

Fly direct to Coffs Coast Airport (20 mins from Urunga) from Sydney, Brisbane or Melbourne.






### TRAIN

Countrylink trains daily – stop at Urunga by appointment.

### BUS

Sydney-Brisbane buses stop at Urunga. New England Coaches run buses along Waterfall Way between Urunga and Tamworth three times a week.

### Visitor Information Centres

-  **Bellingen Shire**  
Pacific Highway, Urunga  
Phone: 02 6655 5711
-  **Coffs Coast**  
Cnr Pacific Hwy & McLean Street  
Phone: 02 6648 4990
-  **Waterfall Way Visitor Centre**  
Hyde Street, Bellingen  
Phone: 02 6655 1522
-  **Dorrigo Visitor Centre**  
Hickory Street, Dorrigo  
Phone: 02 6657 2486
-  **Dorrigo Rainforest Centre**  
Dome Road, Dorrigo  
Phone: 02 6657 2309



# Cycling

## URUNGA

...and surrounds



waterfallway



dorrigo • bellingen • urunga



## DISCOVER THE URUNGA~MYLESTOM SEABOARD AREA OF THE COFFS COAST BY BIKE!

Experience the beautiful beaches and sunny seaside towns and villages of Mylestom, Urunga, Raleigh and Repton, as well as the Bongil Bongil and Hungry Head nature reserves.

It is practically impossible to ride without any traffic, but these two selected rides are off heavy traffic areas. There are a lot more terrific rides in the area, including fire trails – just contact one of the DUB BUGs and they will point you in the right direction.

### River Ride

**Degree of difficulty:** Easy

**Ride distance:** Short ride 14.2km taking 1 hour; Long ride 25km taking 1.5 hours

**Road surface:** Bitumen

**Bike type:** Road, Hybrid, Mountain

**0km** Start at the Urunga Visitor Information Centre. There is ample all day parking there. Walk across the road to the footpath and then walk across the bridge. At the end of the bridge turn right and go under the railway bridge (not the road bridge). This brings you to Vernon Crescent. You can start riding from this point and continue along for a short distance 800m until you reach a T intersection and turn right.

**800m** This is Yellow Rock Road, which skirts the Kalang River for a short distance, then runs beside Back Creek, which connects the Kalang and Bellinger Rivers. Keep to the bitumen and ride past the horse stud, holiday houses and through the dairy farms and across 4 cattle grids. First cattle grid is at 4kms.

**8km** This is the Norco milk factory. Follow the road turning left at Norco. 200m up the road is **Raleigh Winery**, open Wednesday to Sunday. Good place to stop. Then continue straight ahead for the roundabout.



**8.7km** At this roundabout you can return the way you came or do the longer ride (see below) or go back to Urunga by going straight through the roundabout up the hill. Don't turn off this road.

**11.5km** At this 'T' intersection turn left. This is Pacific Highway. Ride to the bridge and return to the Urunga Visitor Information Centre where you started.

### For a longer ride...

**8.7km** Go right at the roundabout, ride over the narrow bridge, follow the road through the 'S' bends for 1.75km and turn right to Mylestom. Ride past the Bellinger River Tourist Park, keeping right at all times, past the school. This road follows the river. 5km from the turnoff is Mylestom where you can surf, swim in the river pool, have a BBQ or a snack and coffee at the local general store. The surf beach is patrolled in school holidays. Return the way you came.

### Coast Ride

**Degree of difficulty:**

Easy / Medium

**Ride distance:** Short ride 16km taking 1 hour; Long ride 25km taking 1.5 hours

**Road surface:** Bitumen (long ride has 1.5km gravel)

**Bike type:** Road, Hybrid, Mountain

This is a fairly flat easy ride, couple of small hills, not a lot of traffic. Take your swimmers as this is the main surfing beach. The ride can be extended if you feel energetic.

**0km** Start at the Urunga Visitor Information Centre and ride down the hill (Belling Street) and under the road and rail bridges. Continue on past the golf course to the 'T' intersection.

**1.3km** Turn right into Morgo Street and follow this road past the **Ocean View Hotel**, shopping centre (coffee shops etc are here) and the **Urunga Heads Holiday Park**, up the short steep hill and past the playing fields.

**4.8km** Another 'T' intersection – turn left and 200m along you arrive at a car park. Keep going east through the car park and you can enjoy the magnificent view of the coastline. This is Hungry Head. There is a turnoff just before the car park to the right which will take you down to the Surf Club if you want to swim. The hill down is steep and so is the one coming up and out. The surf beach is patrolled in school holidays. Return the way you came.

### For a longer ride...

If you are adventurous there is a continuation of this ride to Wenonah Headland (3rd Headland). Go right instead of left at the 'T' intersection. Ride 1.4km and turn left into Osprey Drive and pass the Macadamia

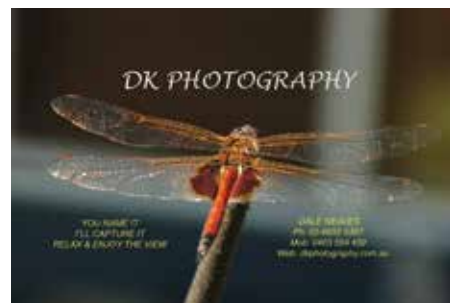
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